



4th Annual
TEES BARRAGE 10K
 In conjunction with Billingham Marsh House Harriers
Bank Holiday Monday 4th May 2009 10.30am
Starting and Finishing at the Tees Barrage
UK Athletics Permit Number 20090011

NAME AGE..... D of B.....

ADDRESS.....

..... POST CODE

Tel (Incl, Std) Male/female (delete)

Attached / Unattached (delete)

UK Athletics affiliated Club Not health club (Minimum age on race day 16 years)

Entry fee £8 attached £10 unattached cheques payable to: 'Road Race'

Send entries to: Race Secretary, 19, Burniston Drive, Thornaby, Stockton TS17 0HB

Please include a stamped addressed envelope. Entries will close when the 500 limit is reached

* Early entry advised as 2006, 2007 & 2008 event over subscribed

I declare that I am an amateur as laid down by UK Athletics laws. I am medically fit to take part in this race and understand that neither the organisers nor Billingham Marsh House Harriers will be held responsible for any injury, illness, loss or damage to property due to my participation. Data Protection Act: I understand and agree that the above details will be stored on a computer for the purpose of race administration and that this information will not be supplied to commercial organisations.

Race T-shirts to all finishers Signed Date

| Prizes: | | Male | | Female |
|------------------------------|------|---------|------|---------|
| 1st | | £100 | | £100 |
| 2nd | | £60 | | £60 |
| 3rd | | £40 | | £40 |
| | O/40 | | O/35 | |
| 1st | | £40 | | £40 |
| 2nd | | £25 | | £25 |
| 3rd | | £20 | | £20 |
| | O/50 | | O/45 | |
| 1st | | £20 | | £20 |
| | O/60 | | O/55 | |
| 1st | | £20 | | £20 |
| Open Race Teams (3 to count) | | 3 x £15 | | 3 x £15 |

Check out our web site: www.teesbarrage10k.co.uk

Official Use